

# May 04 - 08

## 2026

## MIDDLE SCHOOL

**ALL MEALS INCLUDE SALAD BAR, SOUP, STEAMED RICE, DELI & DESSERTS**

Produce of the Month:

### Berries



Fun Facts:

- True berries, like blueberries and tomatoes, develop from a single ovary, while strawberries, raspberries, and blackberries are aggregate fruits made of multiple tiny fruits clustered together.
- Good source of vitamins, antioxidants, and flavonoids.

04 Monday	05 Tuesday	06 Wednesday	07 Thursday	08 Friday
<b>BISTRO GARDEN</b>	<b>BISTRO GARDEN</b>	<b>BISTRO GARDEN</b>	<b>BISTRO GARDEN</b>	<b>BISTRO GARDEN</b>
Baked Salmon with Cous Cous or Fishless Filet 	Bacon Wrapped Hot Dog or Veggie Dog 	Chicken Ranch Wraps or Corn Nugget Wraps 	Parmesan Crusted Pork Loin with Roasted Potatoes and Crispy Cauliflower Chickpea Salad 	Tuscan White Bean Soup with Corn Muffin 
<b>BURGERLAND</b>	<b>BURGERLAND</b>	<b>BURGERLAND</b>	<b>BURGERLAND</b>	<b>BURGERLAND</b>
Breakfast Sandwich	Animal Style Burger	Portobello Burger 	Teriyaki Burger	Chef's Choice
<b>TASTE OF ITALY</b>	<b>TASTE OF ITALY</b>	<b>TASTE OF ITALY</b>	<b>TASTE OF ITALY</b>	<b>TASTE OF ITALY</b>
Sausage Ragu with Angel Hair	Spaghetti with Meatballs	Lemon Garlic Basil Pasta 	Creamy Pesto 	Chicken Cacciatore
<b>MEXICAN FIESTA</b>	<b>MEXICAN FIESTA</b>	<b>MEXICAN FIESTA</b>	<b>MEXICAN FIESTA</b>	<b>MEXICAN FIESTA</b>
Chili Relleno 	Maui Fish Tacos	Chili Verde with Spanish Rice	Chicken Tinga	Nacho Supreme 
<b>GF ZONE</b>	<b>GF ZONE</b>	<b>GF ZONE</b>	<b>GF ZONE</b>	<b>GF ZONE</b>
 Harissa Seared Chicken	 Pickle Brined Chicken	 Ground Beef Kabab	 Beef Mushroom Stir Fry	 Filipino Style Shanghai Pork Meatballs
<b>VEGGIE CAFE</b>	<b>VEGGIE CAFE</b>	<b>VEGGIE CAFE</b>	<b>VEGGIE CAFE</b>	<b>VEGGIE CAFE</b>
Mongolian Mushroom 	 Zaalouk (Moroccan Eggplant Dish) 	 Thai Rice Noodle Salad 	 Shakshouka 	 Vegetarian Tikka Masala 

Gluten Free Options Upon Request or  
Check out the Gluten Free Zone  
Pizza and Sandwich Station Served  
Every Day (Vegetarian Option  
Available)

Vegetarian 

Produce of the Month

